

## Eight Mindful Steps To Happiness Walking The Buddha S Path

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The title of this book is Eight Mindful Steps to Happiness and it was written by Bhante Henepola Gunaratana. This particular edition is in a Paperback format. This book's publish date is Jun 15, 2001 and it has a suggested retail price of \$17.95. It was published by Wisdom Publications and has a total of 288 pages in the book.

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